

SWAYAM ANALYTICS PVT. LTD.

स्वायाम

Swayam

PERSONALITY DECODED

Psychometric Personality Assessment Platform



**National Public School**

Kanakapura Road, Agara

# NATIONAL PUBLIC SCHOOL

A CASE STUDY

Swayam

# INTRODUCTION

- NPS Agara follows Central Board of Secondary Education (CBSE), the national body of the Government of India in Secondary Education.
- NPS Agara is managed by Smt Gayathri M Krishnappa Educational and Charitable Trust.
- National Public School, Agara is synonymous with academic excellence and the development of personality.
- The school has responded readily to the standards adopted to facilitate modern and technology based teaching and learning , whilst retaining the culture, tradition and values embedded in the education system.

# REQUIREMENTS FROM NPS

- Understand students personality.
- Identify students experiencing high levels of stress.
- Identify behaviour challenges faced by students.
- Provide group and individual analyses.

# SWAYAM'S APPROACH

- Personalized reports were provided to the students and the same was shared with the school authorities.
- Behavioural challenges of students were identified and resources to overcome them were provided in the report.
- The reports included:
  - ☐ Dominant physiological and psychological personality type.
  - ☐ Social Desirability Spectrum.
  - ☐ Stress levels.
  - ☐ Behaviour challenges faced.
  - ☐ Personalized resources to overcome the behavioural challenges, if any.
  - ☐ Personalized Yogic practices including Pranayama, as well as those that they should avoid performing to help them stay healthy.
  - ☐ Personalized Ayurvedic diet which would help them stay healthy and provide the necessary nutrition for their physical and mental wellness.

## RESULTS DELIVERED TO STUDENTS

- Dominant physiological and psychological personality and their description.
- Brief suggestions for personality development.
- Stress levels.
- Dominant physiological and psychological traits.
- Behaviour challenges they faced.
- Customized resources to overcome those challenges.
- Yogic practices including Pranayama to be performed as well as those they should avoid performing to stay healthy.
- Personalized Ayurvedic diet which would help them stay healthy and provide the necessary nutrition for their physical and mental wellness.

## RESULTS DELIVERED TO THE SCHOOL/PRINCIPAL

- Students were provided with individual reports.
- Group analyses of the students were provided to the Principal, which included the following details:
  - Dominant physiological and psychological personality types.
  - Stress levels along with the list of students facing stress.
- The school informed parents and provided counselling to support the students.
- Behavioural challenges faced by students, in groups which facilitated providing skills to cope for the students.
- The personalized Yogic practices and Ayurvedic diet chart provided to students gave parents a deeper understanding of how to help their children and was highly appreciated by parents and school staff alike.
- While informing parents of their children's behavioural issues, based on Swayam's report reduced friction between parents and school staff.
- Swayam being a third-party professional organization led by psychologists, lent credibility to the school's efforts to engage parents in supporting students.

# TESTIMONIAL RECIEVED



**NATIONAL PUBLIC SCHOOL**

CBSE Syllabus  
Affiliation No. : 830888

AGARA Bangalore  
School Code : 45788

Every year I go in for career counselling sessions for my students. This year we took up the tests designed by SWAYAM. The tests are conducted with utmost professionalism and perfection. The tests are comprehensively designed and exhaustive. The reports shared are an in depth analysis of the career choices that they could make and intensively researched.

Behavioural Assessments were also done for Grades 8 and 9. These were extremely helpful in giving us an insight into the stress and anxiety levels of the students.

Based on the inputs provided by the SWAYAM team, we have started working on these concerns by actively involving the parents too in our endeavour to reduce the level of stress and anxiety in the students, while also helping them to make prudent choices in their career.

I am glad I took up these tests for my school and thank Dr.Shilpa Datar and her team for their extensive work in this regard.

Anuradha Ramesh  
Principal  
National Public School Agara  
Kanakapura Road  
Bangalore

Swayam



## ABOUT SWAYAM

- Swayam is the outcome of 22+ years of experience and 12 + years of pre and post-doctoral research by our Founder-Director, Dr Shilpa Datar. These tests have been used by national and international Universities as part of their research in people behaviour and analysis, and have been presented at various international forums like Bank of America Merrill Lynch, and are accredited by Indian Institute of Business Psychology.
- The tests at Swayam are the only ones in the world analysing physiological, psychological & ethical aspects of behaviour making it holistic, in-depth, and comprehensive while offering unparalleled accuracy in decoding behaviour. This results in detailed, multi-layered interpretations without the need to take multiple tests.
- Swayam reports have a min. accuracy of 80% which organizations can depend on as it is backed by science and data to help them take critical decisions that save money, time and effort with confidence.



# THANK YOU!



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