

SWAYAM ANALYTICS PVT. LTD.

स्वायाम

Swayam

PERSONALITY DECODED

Psychometric Personality Assessment Platform



**S D PUBLIC SCHOOL**

(Sr. Secondary Co-educational School  
affiliated to CBSE)

BU Block, Pitampura, New Delhi -34

"Under the aegis of Sanatan Dharam  
Education Trust, Punjabi Bagh"

# S D PUBLIC SCHOOL

## A CASE STUDY

स्वायाम

# INTRODUCTION

- S D Public school is recognized today as a front runner in the field of education, where they have been empowering curious bunch of analytical minds.
- The school's journey began in 1993 as a small institution with just 17 students & 5 staff members. Today the school has well-equipped infrastructure and substantial strength of students being nurtured by well qualified & experienced faculty.
- The school got affiliated with C.B.S.E. They are ISO certified institution since 18.09.2006 and their certificate category is ISO 9001:2015.
- The institution has a rich heritage of building up values, sense of responsibility, sensitivity, empathy and emotional well being in the present generation.

# REQUIREMENTS FROM S D PUBLIC SCHOOL

- Understand students personality.
- Identify students experiencing high levels of stress.
- Identify behaviour challenges faced by students.
- Provide group and individual analyses.

# SWAYAM'S APPROACH

- Personalized reports were provided to the students and the same was shared with the school authorities.
- Behavioural challenges of students were identified and resources to overcome them were provided in the report.
- The reports included :
  - ☐ Dominant physiological and psychological personality type,
  - ☐ Social Desirability Spectrum.
  - ☐ Stress levels.
  - ☐ Behaviour challenges faced.
  - ☐ Personalized resources to overcome the behavioural challenges, if any.
  - ☐ Personalized Yogic practices including Pranayama, as well as those that they should avoid performing to help them stay healthy.
  - ☐ Personalized Ayurvedic diet which would help them stay healthy and provide the necessary nutrition for their physical and mental wellness.

# RESULTS DELIVERED TO STUDENTS

- Dominant physiological and psychological personality and their description.
- Brief suggestions for personality development.
- Identifying their Stress levels.
- Dominant physiological and psychological traits.
- Behaviour challenges they faced.
- Customized resources to overcome those challenges.
- Yogic practices including Pranayama to be performed as well as those they should avoid performing to stay healthy.
- Personalized Ayurvedic diet which would help them stay healthy and provide the necessary nutrition for their physical and mental wellness.

## RESULTS DELIVERED TO THE SCHOOL/ PRINCIPAL

- Students were provided with individual reports.
- **Group analyses of the students were provided to the Principal, which included the following details:**
  - Dominant physiological and psychological personality types.
  - Stress levels along with the list of students facing stress.
  - The school informed the parents and provided counselling support to the students.
  - Group wise behavioural challenges faced by students, to facilitate providing training to students to help them cope.
  - The personalized Yogic practices and Ayurvedic diet chart provided to students gave parents a deeper understanding of how to help their children and was highly appreciated by parents and school staff alike.
  - While informing parents of their children's behavioural issues, based on Swayam's report reduced friction between parents and school staff.
  - Swayam being a third-party professional organization led by psychologists, lent credibility to the school's efforts to engage parents in supporting students.

# TESTIMONIAL RECEIVED



## S.D. Public School

Under the aegis of Sanatan Dharam Educational Trust (Regd.) Punjabi Bagh, Delhi  
(An English Medium Co-ed. Sr. Sec. School Affiliated to C.B.S.E.)

BU-BLOCK PITAMPURA, DELHI-110034

Phone No.: 42331837, 47531613  
49098445


E-mail : sdpitampura1@gmail.com  
sdpublic\_school@yahoo.co.in

Website : www.sdpublicschoolpp.in

### To Whom It May Concern

It is with much enthusiasm that we are writing to appreciate the services of Swayam Analytics who have assessed the personality and various abilities of more than 150 students from classes 8<sup>th</sup> and 9<sup>th</sup> of S D Public School with the help of their online testing system. The system included various career themes that have been identified by the Swayam team through their continuous efforts and intense research. We have received the systematic and comprehensive assessment reports of each student that indicated their dominant strengths and traits and provided the detailed profile of their personality analysis.

It is a great pleasure to share that your reports focused on three segments physiological aspects, behavioral aspects and vocational aspects or various career themes. In addition, students got a comprehensive analysis of 12 physiological traits, 22 career recommendations based on students' personality traits. This is highly appreciated that your report included qualitative self monitoring career planning worksheets. These worksheets help students to be aware about career themes in detail; the student will get the information which will support to find the way to achieve a particular career. These worksheets are very supportive to plan the next steps after assessing career paths. We are sure that these assessment reports will guide our students to understand their personality better and will help them to choose an appropriate stream and career options. Looking forward to working with you in future.

  
24/01/23  
Anita Sharma  
(Principal)

- <https://www.youtube.com/watch?v=IEOURPqvug8>

Swayam



## ABOUT SWAYAM

- Swayam is the outcome of 22+ years of experience and 12 + years of pre and post-doctoral research by our Founder-Director, Dr Shilpa Datar. These tests have been used by national and international Universities as part of their research in people behaviour and analysis, and have been presented at various international forums like Bank of America Merrill Lynch, and are accredited by Indian Institute of Business Psychology.
- The tests at Swayam are the only ones in the world analysing physiological, psychological & ethical aspects of behaviour making it holistic, in-depth, and comprehensive while offering unparalleled accuracy in decoding behaviour. This results in detailed, multi-layered interpretations without the need to take multiple tests.
- Swayam reports have a min. accuracy of 80% which organizations can depend on as it is backed by science and data to help them take critical decisions that save money, time and effort with confidence.



# THANK YOU!



Contact us for more details

Cell: +91-8792450545

Email: [Enquiry@swayamanalytics.com](mailto:Enquiry@swayamanalytics.com)

URL: <https://swayamanalytics.com/people/>